

WELDON'S

No. 166

# KNIT-WELL

*Booklet*

3<sup>d</sup>



BALACLAVA SOCKS & MITTENS *to match*

# SOCKS, HELMET AND MITTENS

All to Match in a Wide Rib

## MATERIALS

- 4-ply Knitting Wool: 5 ozs. Sock,  
3 ozs. Helmet, 2 ozs. Mittens,  
3 ozs. Hooded Mittens.  
4 No. 14 knitting needles (with  
double points) for Socks and  
Mittens.  
4 No. 12 knitting needles (with double  
points) for Balaclava Helmet.

## MEASUREMENTS

- Socks*.—Length, 14½ inches; foot,  
10½ inches (or length required).  
*Helmet*.—Overall length, 13½ inches.  
*Mittens*.—Overall length, 7½ inches.  
*Hooded Mittens*.—Overall length,  
11½ inches.

*Always knit into back of cast-on stitches.*

*Abbreviations*.—K., knit; p., purl; st., stitch; st.-st., stocking-stitch;  
tog., together; rem., remain; rep., repeat; dec., decrease (by knitting  
2 stitches together); inc., increase (by knitting into the back as well as  
the front of the stitch).

## Socks

**C**OMMENCE at top by casting on 80  
sts. on 3 needles. (28, 24, 28.) Work in  
rib of k. 1, p. 1 for 4 inches.

**Next round**—\* K. 3, p. 1, rep. from \* to end  
of round. Rep. this round till work measures  
11½ inches from start. Now start heel: Place  
last 20 sts. from 3rd needle on to 4th needle,  
and k. 19 sts. from 1st needle. Leave re-  
maining 41 sts. on two needles for front of  
foot. Work on these 39 sts. as follows:

**1st row**—(S. 1, p. 1) 9 times, s. 1, k. 1,  
p. 1, (s. 1, p. 1) 9 times. **2nd row**—S. 1, k. 38.  
Rep. these 2 rows 23 more times, then rep.  
1st row again. Shape heel thus: K. 23, s. 1,  
k. 1, p.s.s.o., turn; p. 8, p. 2 tog., turn; k. 9,  
s. 1, k. 1, p.s.s.o., turn; p. 10, p. 2 tog., turn;

k. 11, s. 1, k. 1, p.s.s.o., turn; p. 12, p. 2 tog.,  
turn; k. 13, s. 1, k. 1, p.s.s.o., turn; p. 14,  
p. 2 tog., turn; k. 15, s. 1, k. 1, p.s.s.o., turn;  
p. 16, p. 2 tog., turn; k. 17, s. 1, k. 1, p.s.s.o.,  
turn; p. 18, p. 2 tog., turn; k. 19, s. 1, k. 1,  
p.s.s.o., turn; p. 20, p. 2 tog., turn; k. 21, s. 1,  
k. 1, p.s.s.o., turn; p. 22, p. 2 tog., turn.

**Next row**—K. across 23 sts., pick up and  
knit 24 sts. down side of heel; **2nd needle**,  
rib across 41 sts. at front of foot; **3rd needle**,  
pick up and knit 24 sts. down this side of heel,  
k. 12 sts. from 1st needle to 3rd. (35, 41, 36.)

**1st round of foot**—**1st needle**, K. to last  
3 sts., k. 2 tog., k. 1; **2nd needle**, work in rib;  
**3rd needle**, k. 1, s. 1, k. 1, p.s.s.o., k. to end.

**2nd round**—**1st needle**, Knit; **2nd needle**,  
rib; **3rd needle**, knit. Rep. these 2 rounds 15  
more times. (19, 41, 20.) Rep. 2nd round for



6 inches, or till sock is within 2 inches of required length. Now shape toe: **1st round**—1st needle, K. to last 3 sts., k. 2 tog., k. 1; 2nd needle, k. 1, s. 1, k. 1, p.s.s.o., k. to last 3 sts., k. 2 tog., k. 1; 3rd needle, k. 1, s. 1, k. 1, p.s.s.o., k. to end.

**2nd round**—Knit. Rep. these 2 rounds 12 more times. (6, 15, 7.) Slip sts. from 1st needle to 3rd needle and graft toe.

Press work lightly with a warm iron over a damp cloth.

### Helmet

**C**OMMENCE at lower edge by casting on 128 sts. on 3 No. 12 needles. (44, 40, 44.) **1st round**—\* K. 3, p. 1, rep. from \* to end of round. Rep. this round for 7 inches.

**Next round**—Rib 99 sts., turn. Leave remaining 29 sts. on spare needle. Put 99 sts. on 2 needles and work in rows as follows: **1st row**—P. 3, \* k. 1, p. 3, rep. from \* to end of row. **2nd row**—K. 3, \* p. 1, k. 3, rep. from \* to end of row. Rep. these 2 rows for 6 inches, ending with the 1st row.

**Next row**—Cast off 32, rib to end of row.

**Next row**—Cast off 32, rib to end of row. (35 sts.) **Next row**—As 2nd row. Rep. rows 1 and 2 for 6½ inches, ending with the 1st row.

Now complete Face Band: **1st needle**: Rib in k. 1, p. 1 over these 35 sts.; **2nd needle**: slip last st. from 1st needle on this needle, pick up and rib 37 sts. down side of broad straight piece, rib in k. 1, p. 1 across first 14 sts. from spare needle; **3rd needle**: pick up and rib in k. 1, p. 1 remaining 15 sts. from spare needle and pick up 37 sts. up side of helmet. (34, 52, 52.) Work 12 rounds in rib of k. 1, p. 1. Cast off in rib loosely.

Join cast-off edge-side of piece (32 sts.) to side edge of top strip, either side. Press work lightly with a warm iron over a damp cloth.

### Fingerless Mittens

**C**OMMENCE at wrist by casting on 72 sts. on 3 needles. (24, 24, 24). Work in rib of k. 1, p. 1 for 3 inches.

**Next round**—\* Inc., rib 8, rep. from \* to end of round. (80 sts.) **Next round**—\* K. 3, p. 1, rep. from \* to end of round. (Arrange on 3 needles of 28, 24, 28.) Rep. last round for 3 inches. Now shape for thumb:

**Next round**—Rib to last 8 sts.; place these last 8 sts. and first 8 sts. on 1st needle on to piece of wool for thumb, cast on 8. (72 sts.) Work in rounds of rib for 1½ inches. Cast off fairly loosely in rib. With 3 needles pick up 16 sts. on piece of wool and 8 cast-off sts., for thumb. (24 sts.) Work in rounds of rib of k. 3, p. 1 for 1 inch. Cast off fairly loosely. Make another mitten exactly the same.

Press work lightly.



*Make these hooded mittens to complete the set. They are excellent for the cold weather.*

## Hooded Mittens

**W**ORK exactly as for Fingerless Mittens, only instead of casting-off, continue as follows: Work in rounds of rib of k. 3, p. 1 for a further 3 inches. Then shape top as follows: Arrange stitches on 3 needles (18, 36, 18).

*1st needle:* Rib to last 3 sts., k. 2 tog., k. 1.  
*2nd needle:* K. 1, s. 1, k. 1, p.s.s.o., rib to last 3 sts., k. 2 tog., k. 1. *3rd needle:* K. 1, s. 1, k. 1, p.s.s.o., rib to end. Rep. this round 11 more times (6, 12, 6). Slip stitches from 1st needle to 3rd needle, and graft stitches together.

**Thumb.**—With 3 needles pick up 16 sts. from piece of wool and 8 cast-on sts. (24 sts.). Work in rounds of rib of k. 3, p. 1 for 2½ inches.

**Next round**—(K. 2 tog., k. 1, p. 1) 6 times.

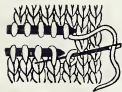
**Next round**—(K. 2, p. 1) 6 times.

**Next round**—(K. 2 tog., p. 1) 6 times. Break off wool, leaving long end. Thread through all sts. and draw up tightly. Fasten off securely. Press lightly.

Make another mitten the same.

## TO GRAFT

Thread wool into wool needle, place the 2 needles containing stitches together, right



side outside, hold work so that end of wool is at the back of needle, pass wool needle through

first loop of front needle purlways, but do not slip loop off the knitting needle, pass needle through first loop of back needle as if about to knit, but do not slip loop off. \* Slip off first loop as if for plain knitting in front row, but keep loop on wool needle until next loop is worked, pass needle through second loop as if for purling, but do not slip loop off knitting needle. In back row, slip off first loop as for purling, keeping on wool needle, pass needle through second loop as for knitting, but do not slip loop off knitting needle, repeat from \* until all loops are worked off, fasten off.

## HINTS FOR WASHING

*Make a lather with hot water and Sylvan Flakes, add cold water to make it lukewarm, squeeze garment carefully up and down until clean, then rinse in warm water until free from soap. Squeeze as dry as possible, but do not wring. Place garment on a clean cloth, pull into shape and dry quickly in the open or before a fire, turning it frequently. Care must be taken never to hang knitted garments, as they are liable to drop. When nearly dry press with hot iron on wrong side, being careful to keep article in shape.*

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